

Free School Meals

UNIVERSAL INFANT FREE SCHOOL MEALS - Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of personal circumstances or financial position. However, you still need to register if you are entitled to Free School Meals as this is important and helps schools funding.

FREE SCHOOL MEALS - Low Income - Are you missing out?
To check if you are entitled to Free School meal entitlement ask at your school office.

Order meals online

Why not order lunch online?

<https://www.culinera.co.uk>
or scan the QR code



1. Register your child/children
2. Choose your meals
3. This works for everyone

Please note if you are unable to take a booked meal, please ensure this is cancelled before 8am or with the school office as the meal will otherwise be charged.

About Culinera

Our aim is to be a long term partner of the school; so we strive to deliver exceptional food every day. We do this by ensuring our team have the tools and skill to cook fresh food, from scratch every single day.

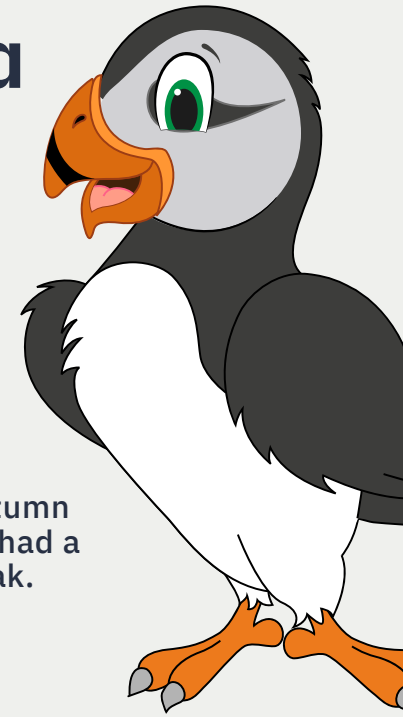
Our food

All of our meals are freshly prepared within the school kitchen. Our menus are nutritionally analysed to ensure they meet and, in most cases, exceed standards. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

culinera

feeding the future

Autumn 2024



Welcome back!

Welcome to the Autumn term. We hope you had a lovely Summer break.

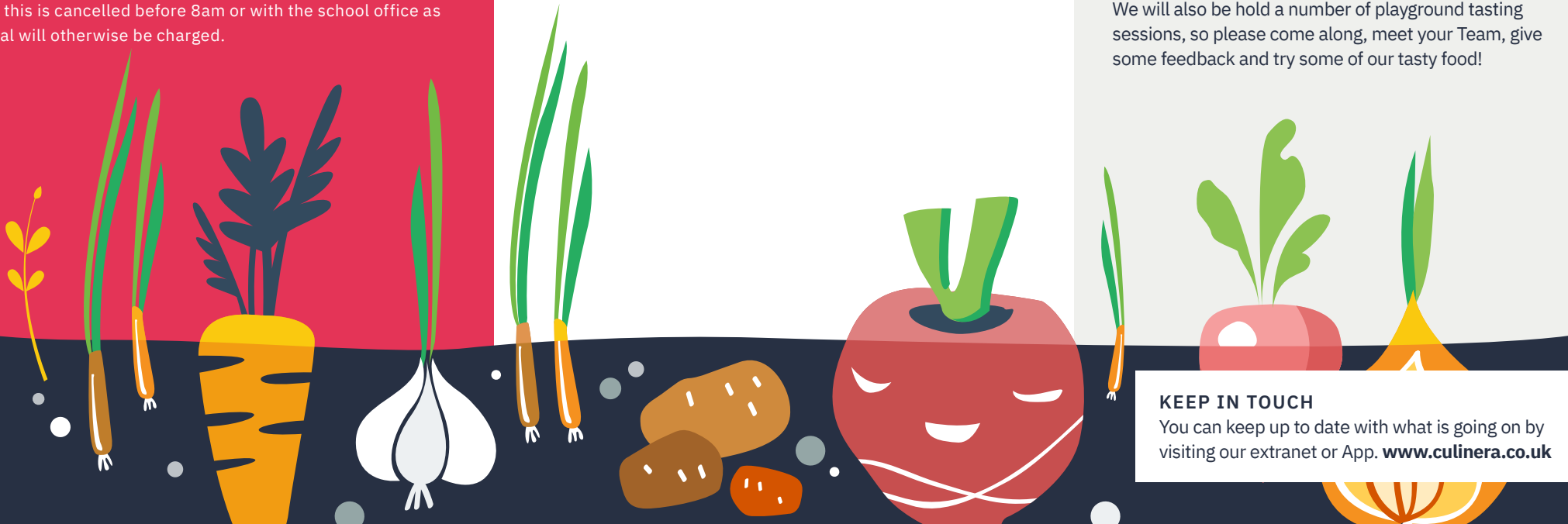
Coming up!

This term we are looking forward to celebrating Halloween, Children In Need, plus several other exciting theme days so keep a look out for these.

We will also be hold a number of playground tasting sessions, so please come along, meet your Team, give some feedback and try some of our tasty food!

KEEP IN TOUCH

You can keep up to date with what is going on by visiting our extranet or App. www.culinera.co.uk



Autumn menu 2024

Available everyday: Deli box/offer, filled jacket potatoes, home baked bread, fresh salad bar, jelly, yogurt and fresh fruit.

Week	Day	Mains	Sides	Puddings
02/09,23/09,14/10		Meat	Vegetarian	
Week 1	Meat Free Monday	Mac and Cheese	Vegetable sausage roll	Sweetcorn and green beans Culinera shortbread
	Tuesday	Cheese and tomato pizza	Sweet pepper pizza	Wedges and salad Chocolate sponge cake with chocolate custard
	Wednesday	Turkey with stuffing	Cheesy potato filo pie	Roast potatoes and mixed seasonal vegetables Carrot cake
	Thursday	Sweet chilli chicken	Vegetable stir fry	Vegetable rice and broccoli Ice cream
	Friday	Baked fish fingers	Quorn sausage	Chips, baked beans and peas Oat apple cookie
09/09,30/09,21/10		Meat	Vegetarian	
Week 2	Meat Free Monday	Cheese and tomato panini with potato wedges	Mixed bean chilli with fluffy rice	Broccoli and corn Fruit shortbread
	Tuesdays	Culinera cottage pie	Culinera vegetable cottage pie	Carrots and green beans Apple flapjack
	Wednesdays	Roast gammon with Yorkshire pudding	Vegetable and tomato tart	Roast potatoes and seasonal mixed vegetables Vanilla sponge
	Thursdays	Beef burger	Quorn hotdog	Wedges and mixed salad Chocolate rice krispie cake
	Friday	Baked fish finger	Vegan nuggets	Chips, peas and baked beans Oaty biscuit
16/09,07/10		Meat	Vegetarian	
Week 3	Meat Free Monday	Tomato and basil pasta	Pesto pasta	Herb baked bread, peas and corn Flapjack
	Tuesdays	Cheese and tomato pizza wrap	Roasted pepper pizza wrap	Baked wedges and salad Lemon drizzle cake
	Wednesdays	Sausage and mash	Quorn sausage and mash	Carrots and cauliflower Apple crumble
	Thursdays	Spaghetti bolognese	Vegetable and lentil bolognese	Green beans and broccoli Iced sponge with sprinkles
	Friday	Chicken nuggets	Quorn nuggets	Chips, baked beans and peas Chocolate cookie

- Key**
- Vegan
 - Oily Fish
 - Added Plant Power

ALLERGY INFORMATION

We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. If your child has an allergy or intolerance, please speak to your child's school or the Cook Manager on site for information. **Forms are available through our website or via the school.**